**Golden Arrow Menu**

**BREAKFAST**

**Bucks fizz**

**Bluebell smoothie**

**Orange juice**

**Apple juice**

**-O-**

**Granola with Morello cherry, passion fruit parfait**

**-O-**

**Croissant, Danish pastries**

**-O-**

**Dry cured bacon**

**Cumberland sausage**

**Scrambled egg**

**Black pudding**

**Rosti potato**

**Portabello mushrooms**

**Grilled beef tomato**

**Baked beans**

**For the vegetarian breakfast, bacon will be substituted with grilled haloumi**

**and sausage will be substituted with a vegan sausage**

**-O-**

**Tea or coffee**

**Golden Arrow Breakfast Menu – Dishes and their allergen content**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Dishes | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| A **✓** indicates the allergen is present. | **Celery** | **Cereals containing gluten\*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Bluebell smoothie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Granola with Morello cherry, passion fruit parfait |  |  |  |  |  |  | **✓** |  |  | **✓** |  |  |  |  |
| Croissant |  | **✓** wheat |  | **✓** |  |  | **✓** |  |  |  |  |  | may contain |  |
| Danish pastry |  | **✓** wheat |  | **✓** |  |  | **✓** |  |  | may contain |  |  | **✓** |  |
| Scrambled egg |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Dry cured bacon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cumberland sausage |  | **✓** wheat |  |  |  |  |  |  |  |  |  |  |  | **✓** |
| Black pudding |  | **✓** barley & oats |  |  |  |  |  |  |  |  |  |  |  |  |
| Rosti potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Portabello mushrooms |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Grilled beef tomato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Grilled haloumi |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan sausage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Whilst every effort is made in our procedures, all our products are made in a kitchen that handles celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya and sulphur dioxide and may contain traces.