

Golden Arrow Menu
May, June, July and August Lunch

Fennel and pea soup finished with lemon balm crème fraîche
(gluten free)
(dairy free and vegan on request)

Asparagus wrapped in serrano ham with parmesan on a bed of wild rocket with a balsamic glaze
(gluten free)
(dairy free and vegan on request)

Grilled smoked haddock rarebit with plum tomato carpaccio and olive oil



Roast sirloin of British beef with Yorkshire pudding and red wine jus
(dairy free and gluten free on request)

Roasted rump of Sussex lamb with gratin dauphinoise and a rosemary and redcurrant sauce
(gluten free)

Poached fillet of salmon with watercress salad and hollandaise sauce
(gluten free)

Roasted vegan cauliflower steak served with garlic and parsley butter
(vegan, dairy free, gluten free)

All served with chefs choice of potatoes and a selection of seasonal vegetables



Tarte au citron
(vegan and gluten free on request)

Chocolate torte
(vegan and gluten free on request)



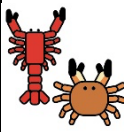
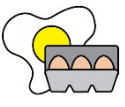

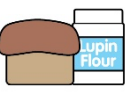



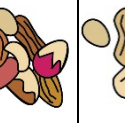
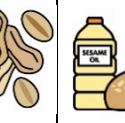
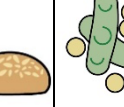


Selection of Sussex cheeses with biscuits and quince jelly
available as an alternative to dessert for £10 or as an extra course for £12.50
(gluten free on request)



Coffee and truffles

Dishes and their allergen content, Golden Arrow – May, June, July and August Menu

This information is provided as a guide and subject to change, if you have an allergy or special dietary requirement, please make us aware at time of booking. Whilst every effort is made in our procedures, all our products are made in a kitchen that handles celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya and sulphur dioxide and may contain traces.

Dishes														
A ✓ indicates the allergen is present.	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STARTER														
Fennel and pea soup	✓						✓							
Asparagus							✓							✓
Smoked haddock rarebit		✓ wheat		✓	✓		✓							
MAIN														
Beef														
Gravy														✓
Yorkshire pudding		✓ wheat		✓			✓							
Lamb							✓							✓
Salmon	✓			✓	✓		✓							
Cauliflower steak														
Horseradish sauce				✓					✓					✓
English mustard		✓ wheat							✓					
Mint sauce														
DESSERT														
Tart au citron		✓ wheat		✓			✓							
Chocolate torte		✓ wheat		✓			✓						✓	
Cheeseboard	✓	✓ wheat		✓			✓		✓			✓	✓	
Truffles							✓						✓	



Reviewed by: Head Chef on 01/10/25